

# CURRICULUM VITA

## Personal Data

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**Rob Atchison, Ph.D., LMFT, NCC, AAMFT-Approved Supervisor**

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## Education

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2015	Ph.D.	Walden University <i>CACREP</i>	Counselor Education and Supervision with Specialization in Trauma and Crisis
2009	M.A.	Indiana Wesleyan University <i>CACREP</i>	Marriage and Family Therapy
2007	B.S.	Indiana Wesleyan University	Psychology
2007	B.S.	Indiana Wesleyan University	Youth Ministries

## Professional Employment Experience

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**Indiana Wesleyan University**

*Division Chair*

**Aug 2018-present**

**Indiana Wesleyan University**

*Assistant Professor/Director of Clinical Training*

**Aug 2014-present**

**Youth Villages**

*Regional Supervisor*

**Mar 2012- Aug 2014**

**Youth Villages**

*Clinical Supervisor*

**Jan 2011- Mar 2012**

**Youth Villages**

*Family Counselor*

**May 2010- Jan 2011**

## Teaching Experience

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**Indiana Wesleyan University**

*Assistant Professor*

Courses Taught:

CNS 551-554 Internship (both CMHC & MFT-varies by semester)

Fall 2015  
Spring 2016  
Summer 2016  
Fall 2016  
Spring 2017  
Summer 2017  
Fall 2017  
Spring 2018  
Summer 2018  
Fall 2018  
Summer 2019  
Fall 2019  
Spring 2020

- Facilitated group supervision with students doing their internships in the community by giving feedback on case presentations while also guiding feedback from other interns in the group supervision format.

CNS 550- Practicum

Fall 2014  
Spring 2015  
Summer 2015  
Fall 2015  
Spring 2016  
Fall 2016  
Spring 2017  
Fall 2017

- Taught graduate counseling students entry-level skills for working with clients in the Indiana Wesleyan University Graduate Counseling Clinic and supervised that experience.

CNS 508- Legal, Ethics, and Professional Issues

Spring 2017 (2 sec.)  
Fall 2017  
Spring 2018 (2 sec.)  
Fall 2018  
Spring 2019 (2 sec.)  
Fall 2019  
Spring 2020

- Helped students to examine professional roles and responsibilities with regard to the counseling profession. Included discussions on ethical, legal, and Biblical standards for conduct, professional organizations, credentialing, and developing a plan for lifelong professional and personal development and integrity.

CNS 525 Special Topics: Introduction to Home-Based Therapy

Summer 2017

- Developed curriculum for and taught a class that was a comprehensive study of a community-based model of treatment in counseling across the lifespan of development, which included various reviews of preventative and intervention models.

CNS 503- Theories and Techniques of Counseling

Fall 2017

Fall 2018

Fall 2019

- Taught students to investigate the major counseling theories and their applications to the helping relationship. Major therapeutic techniques were studied, practiced, and applied to various theories. Special emphasis was placed on identifying change processes, multi-cultural perspectives, critical thinking, basic skill development, faith integration, and initial development of a personal model of counseling.

CNS 545- Counseling Addicted Families

Spring 2020

- Taught students to focus on a family systems approach to counseling addicted families and their family members. Attention was given to the principles of family therapy and the unique features of the addicted family systems, as well as the integration of these two systems.

### ***Indiana Wesleyan University***

*Adjunct Faculty*

Courses Taught:

CNS 506- Appraisal of Individuals and Families- Online

Fall 2013

- Facilitated discussions and graded papers for master's students in the Graduate Counseling program on a weekly basis on topic about evaluation methods for individuals and families that included conversations about validity, reliability, and psychometric statistics.

### ***Walden University***

*Teaching Assistant*

Courses Taught:

COUN 8115- Counseling Theories

Summer 2013

- Led discussions with Ph.D. students on strengths and weaknesses of mainstream counseling theories

COUN 8660- Social Change for Professional

Summer 2013

- Led discussions with Ph.D. students on the importance of social change, advocacy, and leadership in the counselor education and supervision field

COUN 8890- Practicum

Spring 2013

- Led discussions with Ph.D. students in their practicum field experience focused on their experiences at their sites

COUN 8125- Teaching in Counselor Education

Spring 2013

- Led discussions with Ph.D. students around teaching philosophies, understanding program outcomes and evaluation, as well as accreditation standards

COUN 8135- Clinical Supervision

Spring 2012

- Led discussions with Ph.D. students around understanding supervision theories and the importance of adapting strategies to the needs of supervisees

Residency 3- Advanced Counseling Skills and Interventions

Summer 2012

- Led discussions with M.A. students on advanced counseling skills and interventions and worked with those students on role-playing implementation of those skills

Residency 2- Basic Counseling Skills and Interventions

Fall 2011

- Led discussions with M.A. students on advanced counseling skills and interventions and worked with those students on role-playing implementation of those skills

### ***Youth Villages***

#### *Consultant Coaching*

Youth Villages Treatment Model Training

Summer 2014

- Taught the Youth Villages treatment model to new specialists

Safety Plan Training

Spring 2013

- Worked with specialists to understand safety planning protocols for their cases

Youth Villages Treatment Model Training

Summer 2013

- Taught, in conjunction with a consultant, the Youth Villages treatment model to new staff

School Interventions for Youth Villages Specialists

Summer 2013

- Taught, in conjunction with a consultant, how specialists can interface with school staff and advocate for the families they serve

### **Professional Clinical Experience**

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***Indiana Wesleyan University***  
*Marion, IN; Indianapolis, IN*

**Aug 2014- present**

### **Director of Clinical Training**

- Supervised the graduate counseling students who were seeing clients in the Marion and Indianapolis clinics
- Managed the day-to-day operations of both clinics
- Implemented policies and procedures to ensure best practice in the clinics
- Advocated within the academic organizational hierarchy for the clinical needs of the program that ensure best practices within the profession of counseling
- Develop and maintain working relationships with internship sites that develop students in the program

### ***Youth Villages (multiple positions)***

**May 2010- Aug 2014**

*Johnson City, TN; Madison, IN; Jeffersonville, IN; Bloomington, IN; Jasper, IN; Columbus, IN; Indianapolis, IN*

### **Regional Supervisor**

- Helped start up and oversaw day-to-day functioning of six offices in Southern Indiana.
- Market for referrals and maintain customer relationships.
- Ensure that sessions are being completed with documented evidence of those sessions.
- Develop supervisors to progress within Youth Villages.
- Complete hiring for office needs.
- Led weekly consultations with teams across the state
- Review daily progress of cases, provide feedback to supervisors about direction for cases, and ensure safety needs are being met with each case.

### **Senior Clinical Supervisor**

- Led a group of 5 counselors, four of whom were new to Youth Villages, and started a new team. Duties included supervision of the counselors' cases and maintaining motivation of the counselors to go above and beyond normal job duties.
- Completed field visits with counselors on each of their cases on a monthly basis.
- Reviewed documentation of the counselors for quality and timeliness.

### **Family Counselor**

- Provided intensive in-home counseling from Youth Villages Evidentiary Family Restoration (EFR) treatment for 4-6 families with kids at risk of being removed from their homes on a wide spectrum of emotional and behavioral disorders.

### ***Indiana Wesleyan University (multiple positions)***

**May 2009- Dec 2009**

*Marion, IN*

### **Intern Aldersgate Center**

- Provided counseling for college couples preparing for marriage and individuals dealing with various life issues

**Intern Indiana Wesleyan University Addiction Studies Center**

- Counseled couples with relationship and addiction issues from a Behavioral Couples Therapy curriculum

***New Horizons Youth Ministry***  
*Marion, IN*

***Jan 2009-May 2009***

- Counseled adolescents in a therapeutic boarding school and lead psycho-educational and interpersonal groups

**Licenses and Certifications**

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Nationally Certified Counselor	268695
Licensed Marriage and Family Therapist (IN)	35001815A
AAMFT Approved Supervisor	

**Specialized Training**

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BCIA Neurofeedback 3-day seminar using Discovery/Atlantis  
COAMFTE Site Visitor Training  
Gottman Method Couples Therapy Level 1 Clinical Training: Bridging the couple chasm  
Red Cross Reconnection Workshop Facilitator for Adults and Children  
Red Cross Psychological First Aid  
Red Cross Fundamentals of Disaster Mental Health  
PREPARE/ENRICH  
AAMFT Fundamentals of Supervision  
Trauma-Focused Cognitive Behavioral Therapy  
Adolescent Community Reinforcement Approach  
Behavioral Couples Therapy  
Implementation of Evidence Based Interventions  
Wilson Learning Social Styles  
Situational Leadership  
Covey Seven Habits of Highly Effective People  
Civil Treatment for Leaders  
In-Home Services Group Supervision  
Challenging Conversations  
Foundations I: Transition into Leadership  
Foundations II: Building Great Leaders  
Effective Performance Discussions  
Service Standards of Indiana Department of Child Services  
DCS Legal and Testifying  
Car Seat Safety  
Harassment Free Workplace Training for Employees and Supervisors

Psychodrama

### **Professional Affiliations**

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Christian Association for Psychological Studies	<i>Member since 2015</i>
Delta Kappa Xi	<i>Member since 2015</i>
American Association for Marriage and Family Therapy	<i>Clinical Member since 2014</i>
Indiana Association for Marriage and Family Therapy	<i>Member since 2008</i>
American Counseling Association	<i>Member since 2014</i>
Association for Counselor Education and Supervision	<i>Member since 2014</i>
North Central Association for Counselor Education and Supervision	<i>Member since 2015</i>

### **Professional Leadership Roles & Committee Representation**

President-Elect <i>Indiana Association for Marriage and Family Therapy</i>	<i>2019- present</i>
Conference Committee Chair <i>Indiana Association for Marriage and Family Therapy</i>	<i>2019- present</i>
SSBSB Curriculum Committee <i>Indiana Wesleyan University</i>	<i>2018- present</i>
Delta Kappa Xi <i>Indiana Wesleyan University Chapter Faculty Sponsor</i>	<i>2016- 2019</i>
COAMFTE Site Visitor <i>AAMFT</i>	<i>2017- present</i>
Member of Board <i>The Training Center- Marion, IN</i>	<i>2017- present</i>
CAS Technology Committee <i>Indiana Wesleyan University</i>	<i>2015- 2018</i>
Graduate Faculty Committee <i>Indiana Wesleyan University</i>	<i>2017- 2018</i>
Election Committee Chair <i>Indiana Association for Marriage and Family Therapy</i>	<i>2015- 2017</i>
Abstract Reviewer <i>AAMFT Conference</i>	<i>2016</i>
Expert Presentation Reviewer <i>Overdose Lifeline, Inc.</i>	<i>2017</i>

### **Professional Conference & Seminar Attendance**

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- 2019 Indiana Association of Marriage and Family Therapy. October 18- 19. Indianapolis, IN.
- 2019 Association for Counselor Education and Supervision. ACES Biannual Conference. October 9 – 13. Seattle, WA.
- 2019 American Counseling Association. ACA Annual Conference. March 28-31. New Orleans, LA.
- 2019 Indiana Association of Marriage and Family Therapy. February 15- 16. Indianapolis, IN.
- 2018 American Association for Marriage and Family Therapy. AAMFT Annual Conference. November 15-18. Louisville, KY.
- 2018 Christian Association for Psychology Studies. April 11-14. Norfolk, VA.
- 2017 Indiana Association of Marriage and Family Therapy. November 17- 18. Indianapolis, IN.
- 2017 Association for Counselor Education and Supervision. Forging the Future of Professional Counseling. October 4- 8, 2017. Chicago, IL.
- 2016 American Association for Marriage and Family Therapy. AAMFT Annual Conference. September 15-18. Indianapolis, IN.
- 2015 Association for Counselor Education and Supervision. ACES Leadership for Culturally Relevant Pedagogy and Practice. October 7 - 11, 2015. Philadelphia, PA.
- 2015 Keller, K. *Interns and the MBTI*. Indiana Wesleyan University Fall Site Supervisor Webinar.
- 2015 Hanna, S. M. *Brain basics for family therapy intervention*. IAMFT Conference. Indianapolis, IN.
- 2014 Riggs, B. *A developmental supervisory model based on attachment theory*. Indiana Wesleyan University Fall Site Supervisor Breakfast. Indianapolis, IN.
- 2014 Reyes, N. *Beyond black and white: Helping supervisees develop multi-cultural competence through supervision*. Indiana Wesleyan University Fall Site Supervisor Luncheon. Marion, IN.

### **Professional Presentations**

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- 2019 Money-Brady, J., & Atchison, R. A. *Ethics and professional issues in school counseling*. Workshop at Indiana School Counselor Association annual conference. Indianapolis, IN.
- 2019 Atchison, R. A. *Managing conflict with supervisees*. Clinical Directors Post-Conference Seminar. ACES Biannual Conference. Seattle, WA.
- 2017 Atchison, R. A. *Attachment-related responses by military families to reintegration*. IAMFT Fall Conference. Indianapolis, IN.
- 2017 Atchison, R. A. *Developing funding streams for Counselor Training Clinics*. ACES Bi-annual Conference Roundtable Discussion. Chicago, IL.
- 2016 Atchison, R. A. *Military parents reintegrating with their preschool-aged children*. AAMFT Annual Conference Workshop 410. Indianapolis, IN
- 2016 Atchison, R. A. *It's not me, it's you! Using difficult conversations with supervisees for growth and development*. Indiana Wesleyan University Spring Site Supervisor Webinar.



- 2015 Atchison, R. A. *Understanding ambiguous loss: A military perspective*. Indiana Wesleyan University MFT 2 Class. Indianapolis, IN.
- 2015 Atchison, R. A. *Application of common factors to supervision: A systemic look into supervision approaches*. Indiana Wesleyan University Spring Site Supervisor Breakfast and Luncheon. Indianapolis, IN & Marion, IN.

### **Research Interests**

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Families with children at-risk of removal  
Leadership in counseling  
Emotion-Focused Therapy with military couples  
Military personnel reintegrating with their pre-school children  
Variables affecting attachment between military personnel and their children

### **Publications**

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Atchison, R. A. (2015). *Exploring the Lived Experiences of Military Personnel Reattaching with their Pre-School Aged Children* (Doctoral Dissertation). Retrieved from ProQuest. (3722171)