

VITA

Rev. Dr. Keith A. Puffer
 4201 S. Washington
 Marion, Indiana 46953
 Office: (765) 677-2993

EDUCATION

- 1993-1998 DOCTOR OF PHILOSOPHY: Counseling
 Purdue University, West Lafayette, Indiana.
 CACREP program.
- 1989-1991 MASTER OF ARTS: Counseling Psychology
 Trinity International University, Deerfield, Illinois.
- 1986-1990 MASTER OF ARTS: Theological Studies
 International School of Theology, San Bernardino,
 California.
- 1975-1979 BACHELOR OF SCIENCE: Zoology
 Michigan State University, East Lansing, Michigan.

CLINICAL EXPERIENCE

- 2/07-present **PART-TIME COUNSELOR:** Puffer Counseling @ Converse Church,
 Converse, Indiana.

Conduct individual counseling for adults, adolescents, and children with issues such as depression, anxiety, social phobia, post-traumatic stress, career concerns, divorce recovery, social skill development, sexual abuse, and spiritual growth problems.

- 12/95-1/07 **PART-TIME COUNSELOR:** Wabash Friends Church Counseling Center,
 Wabash, Indiana.

Conduct individual counseling for adults, adolescents, and children with issues such as depression, anxiety, social phobia, post-traumatic stress, career concerns, divorce recovery, social skill development, sexual abuse, and spiritual growth problems. Collaborative and peer supervision with Scott Makin, MA, Daniel Baney, Ph.D., and Budd Teare, Ph.D., LMFT.

- 11/93-11/95 **PART-TIME COUNSELOR:** South Marion Friends Church, Marion, Indiana.

Conducted individual counseling for adults with issues of depression, career concerns, divorce recovery, social skills development, sexual abuse, grief, and spiritual growth problems. Supervised by Budd Teare, MS.

9/91-4/93 **PART-TIME COUNSELOR:** Center for Student Development, Indiana Wesleyan University, Marion, Indiana.

Counseled college students with issues such as eating disorders, emotional abuse, sexual orientation, sexual addiction, and anger management. Organized an awareness program concerning issues related to dysfunctional families. Created and facilitated a weekly recovery group meeting for students. Supervised by Judy Huffman, Ph.D. and coordinated by Scott Makin, MA.

TEACHING EXPERIENCE

9/04-present PROFESSOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.
 9/99-8/04 ASSOCIATE PROFESSOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.
 9/93-8/99 ASSISTANT PROFESSOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.
 8/91-4/93 ADJUNCT INSTRUCTOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.

Instruct undergraduate sections of General Psychology, Developmental Psychology, Child Development, Adolescent Development, Sophomore Seminar: Life-Calling and Career Planning, Integration of Christianity and Psychology, History and Systems, Counseling Theories, Counseling Techniques, Personality, Psychology Practicum, Relationships: Building and Maintaining Healthy Relationships, Addictions Counseling Practicum, and Survey of Community Addiction Services.

Instruct graduate sections of Integration of the Theory and Practice of Christian counseling (CNS 509), Theories and Techniques of the Helping Relationship (CNS 503), Theory and Techniques of Group Counseling (CNS 504), Supervised Practicum (CNS 550), Supervised Internship CNS (551-554), Pastoral Perspectives on Human Development (MIN 587), and Adolescent Development and Family Systems in Youth Ministry (MIN 593).

Present basic information in five sub-disciplines of psychology to provide an overview of the psychological field, material about human development over the lifespan, childhood years, and adolescent years, information about career planning and development, material about the history of psychology and the major schools of psychology, counseling theories and techniques, group work history, dynamics, and theory, personality theories, principles to strengthen relationships, and information about how psychology can be integrated with one's personal faith with Christ. **Coordinate and supervise** sophomore and senior majors and graduate counselors-in-training in practicum placements with on and off-campus agencies. **Evaluate** students' academic performance through objective examinations and writing assignments. **Advise** major students in program requirements and future career objectives.

RESEARCH EXPERIENCE

2021-2022 – SELF-TRANSCENDENCE, LIFE-SATISFACTION, & CAREER

DEVELOPMENT. Self-transcendence and life-satisfaction are relevant features in derivations of purpose and meaning. When related to career development, these components are important spiritual realities for religious career decision-makers. Self-transcendence points to influences in career decision-making that originate beyond the self (e.g., a divine summons); life-satisfaction underscores effects from common human interactions (e.g., existential wellness) on career decision-making. A review of the literature for spirituality and career development revealed three foci. These include spirituality as a motivational force via a calling, an integral feature of career interests and values, and a supportive role. Yet, investigations with samples from the United States considering self-transcendence as a spiritual calling in vocational matters are not recent; studies addressing life-satisfaction in occupational decision-making do not employ a multivariate approach. Further, few researchers have considered the influence of quest religious orientation on career development. Hence, using a sample of Midwest undergraduates self-reporting a high importance for religion ($n = 290$), we conducted an investigation to identify which of thirteen religious and spiritual variables (e.g., religious calling, spiritual well-being, religious orientations) would become predictors of three well-known career development constructs – vocational identity, career commitment, and career indecision. The college-aged participants were enrolled in a psychology seminar (i.e., eleven hours) which included a career planning battery. Findings from the correlational analyses revealed religious calling and existential well-being significantly related to most of the career variables; religious orientation constructs significantly related to only a few vocational constructs. Moreover, the standard regression analyses uncovered religious calling (i.e., self-transcendence) and existential well-being (i.e., life satisfaction) as consistent predictors of the vocational scales.

2020-2021 – REVIEWING THE ENNEAGRAM THROUGH THE LENS OF PERSONALITY & RELIGION.

The currently popular Enneagram is an ancient classification of human personality. Like other well-known deductive typologies, this model distinguishes groups of individuals sharing a similar lifestyle of adaptive and maladaptive tendencies. Although the Enneagram developed from narrative methodologies, there exists a paucity of empirical research supporting the enneatype descriptions. Some existent studies have examined relational connections between the Enneagrams and personality variables; researchers have investigated the validity of the nine types with the Millon, Myers-Briggs Type Indicator, the 16 Personality Factor Model, and the Five-Factor Model. Yet, most are not current and do not apply a multivariate approach. Moreover, employment of the subscales in the trait factor models has been scarce and few examine the influence of humanistic values (e.g., Maslow's self-actualization). Hence, using a sample of undergraduates ($n = 67$), we conducted a pilot study to identify variables from psychoanalytic, humanistic, and trait psychologies along with religious constructs relating to each Enneagram. Participants self-assessed their Enneagram type and completed a multivariate battery of personality and religious measures. Preliminary findings from correlational and regression analyses revealed a collection of traits and variables revealing explicit personality characteristics per Enneagram. On the average, 19 statistically significant correlations (i.e., $\geq .4$) along with six (range 3-9) statistically significant predictors emerged per

Enneagram. Within each set, we identified support for existent Enneagram descriptions from well-known enthusiasts and delineated suggestions for additional information per type.

2013-2021 – A FEASIBILITY STUDY ON AN ULTRA-BRIEF INTERVENTION FOR IMPROVING FRESHMEN’S EMOTIONAL INTELLIGENCE. In 1990, Salovey and Mayer introduced emotional intelligence (EI). Thirty years later, interventions for EI improvement have proliferated. A literature review on studies dedicated to enhancing the EI of college students revealed a notable gap. When educational material for training sessions include all of the skills in an EI model, researchers usually utilize lengthy durations (i.e., 11-56 hours). Few successful investigations employ an ultra-brief (i.e., ≤ 1 hour) approach. The present study examined the feasibility of training with this timeframe using a sample of freshmen; their transitional challenges from high school to college mark them as an appropriate target population. Employing a quasi-experimental one-group pretest-posttest design, the recruited participants ($n = 75$) experienced an ultra-brief intervention highlighting the complete skill-set of the Ability Emotional Intelligence model. Findings from paired-samples T-tests indicated improvement transpired for three of five MSCEIT scores (i.e., perception, facilitation, total score) with modest effect sizes. Merits of this feasibility study are delineated via the five objectives suggested by Orsmond and Cohn. In addition, implications of the results and possible applications are proposed. [This is co-authored with Kris Pence and Abby Sutter, former psychology majors]

2013-2020 – BEHIND DISLIKE: ADAPTIVE PURPOSES FOR UNDERGRADUATES’ NEGATIVE EMOTIONS IN THE CAREER DECISION-MAKING PROCESS. This study seeks to answer these research questions: Negative emotions offer what advantages to people? Which negative emotions are more frequently tapped in the career decision-making process (CDM) by undergraduates exploring career information? Are there any noticeable differences as to which negative affect are elicited with self-assigned careers (Top 3) verses computer-generated careers (Top 10)? Do undergraduates report that there is an adaptive side to these negative emotions in the CDM process? How do negative emotions help undergraduates in the career decision-making process?

2013-2018 – UNDER THE SKIN: THE RELATIONSHIP OF RELIGIOUS CALLING & MOTIVATION & SPIRITUAL WELL-BEING WITH CAREER DEVELOPMENT. This study seeks to answer these research questions: What are the relationships between the variables of religious calling and motivation & well-being with career development constructs? Restated -- what combination of religious calling and motivation variables would predict career development constructs for undergraduates?

2016-2017 – EDWARD A. PACE AND THE LEGITIMACY FOR STUDYING PSYCHOLOGY: A 19th CENTURY APOLOGY FOR THE 21st CENTURY. In the late 1800s, Edward A. Pace joined a movement defending the merit of scientific psychology. He along with several first generation American psychologists sought to gain public support for the new version of psychology by highlighting its scientific advances and social virtues relative to the older and familiar version, philosophical or rational psychology. Pace, a priest and scholar, targeted interested parties in the Catholic church and its academies laboring much like an

apologist to establish “the legitimacy for [studying experimental] psychology” (Elias, 2005, p. 3). His apologetic efforts in the 19th century offer rich insight into present-day criticism of psychology by fellow Christians – in particular, ideas for empathic ripostes. To understand Pace’s contribution, notable features in his personal and professional life are discussed – biographical information, historical movements within the zeitgeist of late 19th – early 20th century influencing his career, religious disparagements about empirical psychology that he encountered, and a four-part apology, a portion of his overall rhetorical message. Moreover, applications for 21st century Christian psychology undergraduates and mental health professionals are delineated. [This is co-authored with Kris Pence, a former psychology major]

2016-2017 – PROTESTANT MILLENNIALS, RELIGIOUS DOUBT, & THE LOCAL CHURCH. Millennials are the most analyzed and populous generation in the United States. Collectively, they have been slowly re-shaping the American culture. Protestant Millennials, a subset of this generation, have been ruffling feathers in their local churches. Many, who once regularly attended, are leaving. Unwise responses by local church leaders to their young parishioners’ doubting habits significantly contributed to the departure. This study pursued a sample of college-aged Protestant Millennials to know them in a psychological sense. The intentions were twofold: to discover social personality traits that predict their doubting practices and to develop practical and proactive relational strategies for local church leaders. Self-report data on personality features and doubt phenomena were obtained from 532 religiously committed undergraduates in the United States. Results from multivariate regression procedures revealed three social personality dispositions contributed to the prediction of the doubt constructs. Implications and applications of the findings are discussed.

2015- 2017 -- A HEART OF WISDOM. Twenty-nine years ago, a medical trauma kindled the beginning of a spiritual transformation. The ordeal started with a late-night phone call that was followed by several stress-filled, disheartening events over ten days. In short, my father’s unexpected death from an undetected arterial complication became a prompt from God to number the days of my life and gain a heart of wisdom (Psalm 90:12). Description of Dad’s final days and his life-threatening medical condition, a ruptured abdominal aortic aneurysm, are presented. Moreover, interpretative commentary on Israel’s lament in Psalm 90, particularly verse twelve, and personal applications of the transformative effects of the prayer and my father’s passing are discussed.

2012-2015 – CAREER DEVELOPMENT & FAMILY DYNAMICS. Restated this study could be titled: *The Relationship between Family Environmental Factors and Career Development*. The project seeks to answer these research questions: what relationship exists between family roles, family relational qualities, and family activities with career development constructs among religious undergraduates who are engaging in career exploration?

2010-2015 – FACILITATING EMOTIONAL AWARENESS IN A CAREER COUNSELING CONTEXT. Using an intervention from Emotion-Focused Therapy during three interpretative encounters, this study ascertained from 451 undergraduates the kinds and frequency of emotion elicited by vocational options. The frequency distribution of 40,207 affective responses revealed interest, challenge, attraction, excitement, and satisfaction as the top

five recurring emotions. Practical applications of the emotional information in a career counseling context are also discussed.

2010-13 – SOCIAL PERSONALITY TRAITS AS SALIENT PREDICTORS OF RELIGIOUS DOUBT PHENOMENA AMONG UNDERGRADUATES.

Quest religion has been studied for over 35 years. But, little is known about how healthy it is relative to interpersonal functioning. This study seeks to discover the relationship between questing and social personality traits. Twenty-six years ago, Bergin, Masters, and Richards (1987) published results from a correlational study of Allport's two religious orientations with indices of pathology and social personality traits. Curiously, Batson's quest religion, a third religious orientation, was not included. The omission appears to accompany the unremitting uneasiness and confusion with religious doubt in the American Christian church. In contrast, the present study identified a set of mature and adaptive social personality traits related to doubt phenomena. Specifically, multiple regression analyses of questionnaire data from 642 religious undergraduates revealed four personality dispositions predicted quest religious orientation and theological exploration. Implications with and applications of the findings are discussed.

2010 – THE INTRUDER OF THE MIND: THE SCHIZOPHRENIC EXPERIENCES OF AN ADULT WOMAN: Over the course of twenty-one years, a woman's reason, emotion, and behavior progressively surrendered to schizophrenia. Almost a third of her life was like a twilight existence of bizarre delusions and hallucinations. These effects from the disorder unfortunately overshadowed her courage, the bravery marshaled to survive her battle with this cruel, untreated brain disease. This is a brief case study or a chronicle of the woman's journey; these are observations of how she faced the intruder of the mind.

2009-2011 --- EMOTIONAL INTELLIGENCE AS A SALIENT PREDICTOR FOR COLLEGIANS' CAREER DECISION MAKING: This investigation seeks to expand the sparse literature base on the relationship between emotional intelligence (EI) and collegians' career developmental journey. Toward that goal, I intend to answer three questions. How is emotional intelligence related to the career development of religious collegians? Would higher EI be related to a more clear and stable vocational identity, a more well-defined vocational personality, and minimal career indecision? Which facets of EI are predictive of vocational identity, vocational personality, and career indecision?

2005 — ADOLESCENT RELIGIOUS DOUBTING AND IDENTITY FORMATION: Different ideological perspectives about religious doubting spawn controversy and confusion among some Christians. Typically misunderstood as unbelief, doubt is often characterized as dangerous if not outright prohibited by Scripture. This study sought to test whether comprehending religious doubting through the lens of identity formation offers a more nuanced understanding of doubt by taking into account a doubter's identity status and experiences in the formation process. Data was obtained from 604 youth using a questionnaire comprising an identity status and six religiosity measures.

2004—ESSENTIAL BIBLICAL ASSUMPTIONS ABOUT HUMAN NATURE: A MODEST PROPOSAL: In this project, I developed a compendium of seven essential biblical

assumptions. It is a modest proposal that lists and describes core beliefs on human nature. It intends to be sufficiently comprehensive offering a thorough view of biblical personhood yet also is appropriately parsimonious so that it is practical.

2002--RELIGIOUS SOCIALIZATION: This project entails looking at how family variables strongly related to religious faith. Applying developmental contextualism to religious faith, I employed structural equation modeling to test this framework and to find the relationships between family relations (e.g., cohesion, attachment, expressiveness), family activities (e.g., moral-religious, recreational, intellectual ones), and religious faith (e.g., spiritual maturity, spiritual well-being, religious orientation).

2000-2002--ADOLESCENT RELIGIOUS FAITH: The adolescent religious faith project has two sections. The first looked at the faith structure that emerges in adolescence using quantitative methodology. Borrowing from Fowler and Warren Heard's ideas, faith was operationalized with six measures (e.g., Religious Doubt Scale, Religious Well-Being, Spiritual Maturity, Religious Orientation Scale, Quest Scale) and then a factor analysis (principal component analysis) was conducted. The second part examined the effects of gender, age, and identity status on adolescent religious faith.

2001 ADULT CHILDREN OF SCHIZOPHRENIC PARENTS: This project sought to discover the relationship between adult children's experiences with schizophrenic parents and the kind of adult attachments they currently create.

1999--LATE LIFE DEPRESSION: This project sought to suggest that the church could operate as an agent of help in the battle against late life depression. A practical program was suggested in the paper.

9/97-5/98 DISSERTATION: A Study of Collegians' Family Activities, Roles, and Interpersonal Relations and Their Vocational Identity, Career Choice Commitment and Decision Making: An Application of the Developmental Contextual Framework. Purdue University, West Lafayette, Indiana.

Tested the empirical validity of developmental contextualism as developed by Fred Vondracek, Richard Lerner, and John Schulenberg by studying the relationship between collegians' family activities, roles, and relations and their vocational identity, career choice commitment, and career decision-making behavior. Supervised by Kevin Kelly, Ph.D., Teri Loughead, Ph.D., Deb Taub, Ph.D., and Sidney Moon, Ph.D.

1/97-5/97 RESEARCH WRITING PROJECT: Purdue University, pre-requisite for comprehensive examination, West Lafayette, Indiana.

Conducted a research project concerning the relationship between undergraduates' family environment (family relations and roles) and their career development. This entailed crafting a survey, administering the survey, statistically analyzing the results, and crafting a journal manuscript. Supervised by Kevin Kelly, Ph.D., and Deb Taub, Ph.D.

8/95-3/96 **RESEARCH PROJECT:** Purdue University, EDPS 695 Course, West Lafayette, Indiana.

Conducted a research project concerning the relationship between undergraduates' family environment (family relations and activities) and their career development. This entailed crafting a survey, administering the survey, statistically analyzing the results, and writing a journal article with the project supervisor. Supervised by Kevin Kelly, Ph.D.

PUBLICATIONS

Puffer, K. A., Brooks, R., and Davis, E. (2023). Predicting Religious Undergraduates' Career Development: The Salient Roles of Religious Calling, Life Satisfaction, and Quest Religiosity. *Religions* 14(5):629. <https://doi.org/10.3390/rel14050629>

Younce, R., Dresbach, T., & Adams, A. (Hosts). (2022, December 2). What World Do You Live In? Mental Illness and the Effects of Trauma – K. A. Puffer (Season 2, #10) [Audio podcast episode]. In *Culture of Kinship by Kinwell Academy*. <https://cultureofkinship.buzzsprout.com/>

Puffer, K. A. & Kenworthy, D. (2022). Building recovery capital in families and communities. In the *Recovery Capital Infographic Article* by the *Center for Children and Family Futures*. Retrieve at https://www.cffutures.org/wp-content/uploads/2022/07/RecoveryCapitalInfographic_Final.pdf

Puffer, K. A., Pence, K. G., & Ferry, A. E. (2021). A feasibility study on an ultra-brief intervention for improving freshmen's emotional intelligence. *Journal of Intelligence* 9:36; <https://doi.org/10.3390/jintelligence9030036>

Puffer, K. A. & Pence, K. G. (2020). Negative emotions in career decision-making – entry 4057. *Scholarly Community Encyclopedia*. Retrieved at <https://encyclopedia.pub/4057>

Puffer, K. A. & Pence, K. G. (2020). Behind dislike: Adaptive purposes for undergraduates' negative emotions in the career decision-making process. In the special issue - *Vocational Design for a Sustainable and Inclusive Future: The Role of Career Adaptability, Self-Determination, and Other Positive Dimensions*. *Sustainability*, 12(19), 8071; <https://doi.org/10.3390/su12198071>

Puffer, K. A. & Pence, K. G. (2019). Edward A. Pace: First-generation psychologist, twenty-first century role model. *Religions*, 10(10), 590 doi: 10.3390/rel10100590

Puffer, K. A. (2018). Protestant Millennials, religious doubt, & the local church. *Religions*, 9(1), 8; doi: 10.3390/rel9010008

Puffer, K. A. (2017). Heart of wisdom. *Journal of Psychology and Christianity*, 36, 249-253.

Puffer, K. A. (2015). Facilitating emotional awareness in a career counseling context. *Journal of Career Assessment*, 23(2), 265-280.

Puffer, K. A. (2013). *Why Joseph? (Matthew 1:18-25)*. In the 2013 Advent Devotional published by Indiana Wesleyan University's Dean of the Chapel and the Office of University Relations, Marion, IN.

Puffer, K. A. (2013). Social personality traits as salient predictors of religious doubt phenomena among undergraduates. *Journal of Psychology and Theology*, 41, 229-241.

Puffer, K. A. (2011). Emotional intelligence as a salient predictor for collegians' career decision-making. *Journal of Career Assessment*, 19, 2, pp. 130-150.

Puffer, K. A. (2010). First person account: The intruder of the mind. *Schizophrenia Bulletin*, 36, pp. 651-654.

Puffer, K. A. (2009). Revised – *MIN 593: Adolescent development and family systems*. An online class developed for Adult and Graduate Studies Department of Indiana Wesleyan University.

Puffer, K. A., Pence, K. G., Graverson, T. M., Wolfe, M., Pate, E., & Clegg, S. (2008). Religious doubting and identity formation: Salient predictors of adolescent religious doubt. *Journal of Psychology and Theology*, 36, 270-284.

Puffer, K. A. (Spring, 2007). Yes, Virginia there is such a thing as a good marriage. *The Communicator* (magazine published by Converse Church of Christ).

Puffer, K. A. (2007). Essential biblical assumptions about human nature: A modest proposal. *Journal of Psychology and Christianity*, 26, 45-56.

Puffer, K. A. (2004). *MIN 593: Adolescent development and family systems*. An online class developed for Adult and Graduate Studies Department of Indiana Wesleyan University.

Puffer, K. A., & Miller, K. J. (2001). The church as an agent of help in the battle against late life depression. *Pastoral Psychology*, 50, 125-136.

Fratzke, B. J., & Puffer, K. A. (May, 1999). [Review of the book *Holiness for Hurting People*]. Wesleyan Publishing House—Cross Reference, 1(1), 3.

Puffer, K. A. (1998). *A study of collegians' family activities, roles, and interpersonal relations and their vocational identity, career choice commitment, and decision-making: An Application of the Developmental Contextual framework*. Doctoral dissertation, Purdue University, West Lafayette, IN.

Puffer, K. A. (1991). *Integration Paper: Assumptions & analysis: A nine step recovery proposal for ACOS [adult children of schizophrenic relatives]*. Unpublished paper, Trinity International University, Deerfield, IL.

Puffer, K. A. (1990). *The neglect of reproof behavior between members in small groups in a campus ministry*. Unpublished master's thesis, International School of Theology, San Bernardino, California.

EDITORIAL REVIEWS FOR SCIENTIFIC JOURNALS AND GRANTING AGENCIES

- June, 2017 British Journal of Guidance and Counselling. Editor, Anuradha Bakshi. Manuscript – “Expression and management of emotion in career counseling interactions.”
- May, 2012 Israel Science Foundation – Grant Proposal (380/12) by Moshe Tatar & Itamar Gati (Hebrew University), Strategies for Coping with Career Decision-Making Difficulties.
- May, 2012 The International Journal for the Psychology of Religion. Editor, Raymond F. Paloutzian. Manuscript #836 – “Intrinsic Questers.”

TEXTBOOK ENDORSEMENT

- April, 2015 Entwistle, D. N. (2015). *Integrative Approaches to Psychology and Christianity* (3rd ed.). Eugene, OR: Cascade Books.

PRESENTATIONS

Puffer, K. A., Davis, E., & Guinn, L. (March 2022). POSTER PRESENTATION - *Self-Transcendence, Life-Satisfaction, and Career Development*. Presented at the International Conference of Christian Association for Psychological Studies, Virtual Conference.

Puffer, K. A., Gormong, J. & Davis, E. (March 2021). POSTER PRESENTATION - *Reviewing the Enneagram through the Lens of Personality & Religion*. Presented at the International Conference of Christian Association for Psychological Studies, Virtual Conference.

Robinette, B., Puffer, K. A., Fratzke, B. J., & Leudtke, A. (April 2018). POSTER PRESENTATION - *Erikson, Adler, & Spiritual Awareness*. Presented at the International Conference of Christian Association for Psychological Studies, Norfolk, VA.

Puffer, K. A. & Puffer, W. L. (21 May 2017). *Future Family: Reflections on Successes and Failures in Family Life and Parenting*. (a 55-minute interview by Lead Pastor – David Rice). Markey Church, Roscommon, MI.

Puffer, K. A. (April, 2017). POSTER PRESENTATION - *Edward Pace and the Legitimacy for Studying Psychology: A 19th Century Apology for the 21st Century*. Presented at the International Conference of Christian Association for Psychological Studies, Shamburg, IL.

Robinette, B., & Puffer, K. A. (April, 2015). POSTER PRESENTATION - *Understanding Doubters: Social Personality Traits Predicting Doubt Among Religious Millennial Undergraduates*. Presented at the International Conference of Christian Association for Psychological Studies, Denver, CO.

Robinette, B, Fratzke, BJ, & Puffer, K. A. (April, 2013). *Salient traits of Millennials affecting their classroom experience*. Presented at the International Conference of Christian Association for Psychological Studies, Portland, OR.

Puffer, K. A. (October-December, 2012). *The five languages of apology*. Newly Marrieds —Sunday School Class (a six-week study) at College Wesleyan Church. Marion, IN.

Puffer, K. A. (September-November, 2011). *The five love languages*. Newly Marrieds — Sunday School Class (a six-week study) at College Wesleyan Church. Marion, IN.

Puffer, K. A. (August, 2011). *Q & A Session on Parenting Questions: Answers for What Parents and Children Are Asking*. Sunday morning presentations (9 & 11am) at Life Community Church, Bluffton, IN.

Puffer, K. A. (August 2011). *Parenting Basics: Reviewing Some Whys & Whats of the role*. A Saturday evening presentation at Life Community Church, Bluffton, IN.

Puffer, K. A. (June 2011). *The five love languages*. Lost and Found—Sunday school Class (a six-week study) at Converse Church of Christ. Converse, IN.

Fratzke, B. J., & Puffer, K.A (September 15-18, 2010). Response to C. Stephen Evan's paper – "What Does it Mean to be Bodily-Soul? Presented at the Society for Christian Psychology Conference on Human Christian Agency. Louisville, KY.

Puffer, K. A. (May 2010). Presenter for the Specialty Round Tables: An afternoon topical discussion for youth ministry pastors or volunteers attending Frequency (a Student Ministries program) at Indiana Wesleyan University.

Puffer, K. A. (February, 2009). Personal development: An afternoon seminar to graduate leadership students at Indiana Wesleyan University.

Puffer, K. A. (May, 2008). *Q & A Session on What Your Kids Need to Know About Sex-in the Family*Map.org series. A Sunday morning presentation at Oak Brook Community Church. Kokomo, IN.

Puffer, K. A. & Puffer, W. L. (March, 2008). *Cleaning out your emotional closet: Letting go what holds you back*. Presented at Converse Church of Christ MOPS –evening group. Converse, IN.

Puffer, K. A. (February, 2008). *Adolescent religious doubting: Controversy, confusion, and purposefulness*. Presented at John Wesley Honors College—Faculty Lecture Series. Indiana Wesleyan University. Marion, IN.

Puffer, K. A. (December, 2007). *Q & A Session on Biblical Assumptions about Human Nature: A Modest Proposal*. Presented at Psychology Issues Class at Anderson University, Anderson, IN.

Puffer, K. A. (September, 2007). *Presentation of Medallions*. Presented at Fall Academic Convocation—Indiana Wesleyan University. Marion, IN.

Puffer, K. A., & Tice, J. (May, 2007). *Q & A Session on Marriage in High Definition*. Sunday morning presentation at Oak Brook Community Church. Kokomo, IN.

Puffer, K. A. (June-August, 2007). *Boundaries*. Potter's Project—Sunday school class at Converse Church of Christ. Converse, IN.

Puffer, K. A. (September, 2006). *Integration of Faith & Learning*. Presented at New Faculty Class—Indiana Wesleyan University. Marion, IN.

Puffer, K. A., Smith, S., & Arthurs, D. (June, 2006). *Religious Doubt and Identity Formation*. Presented at the ACS National Conference in Marion, IN.

Puffer, K. A. (June-August, 2006). *Boundaries*. Bereans—Sunday school class at Converse Church of Christ. Converse, IN.

Puffer, K. A. (April, 2006). Commissioning Service Message – Saying Goodbye. Message presented to the graduating seniors in psychology and addiction along with their parents at the Baker Recital Hall in the Phillippe Performing Arts Center. Marion, IN.

Puffer, K. A. (November, 2005). Panel discussant for Homosexuality: A Christian Response. Part of the Fall Colloquium of the Religion/Philosophy Department of IWU, Marion, IN.

Puffer, K. A. (June-August, 2005). *Boundaries*. Lost & Found—Sunday school class at Converse Church of Christ. Converse, IN.

Puffer, K. A. (June-August, 2004). *Boundaries*. Young at Heart—Sunday school class at Converse Church of Christ. Converse, IN.

Boivin, M., Daugherty, D., & Puffer, K. A. (March, 2003). *Sanctification and Cyberporn in the Context of Addiction*. Presented at the SSPWT Conference, Lexington, KY.

Puffer, K. A. (April, 2003). *How to Use the Family Environment Scale*. Message presented to the staff of the Center for LifeCalling and Leadership.

Puffer, K. A. (January, 2003). *Smart Relationships*. Message presented to the RAs of IWU.

Puffer, K. A. (April, 2002). Commissioning Service Message. Message presented to the graduating seniors in psychology and their parents at the Baker Recital Hall in the Phillippe Performing Arts Center.

Huffman, J., Landis, S., & Puffer, K. A. (November, 2001). *Four keys to hope and healing*. Program presented at East New York Wesleyan Church in connection with World Hope International.

Fratzke, B. J., & Puffer, K.A (March, 2001). *From philosophy: Issues of tolerance and truth for Christian counselors*. Presented at the International Conference of Christian Association for Psychological Studies, Richmond, VA.

Puffer, K. A. (November, 2000). *A Response to Mike Boivin's Paper, Can an Individual Experience Faith 'Alone'? A Biopsychological Perspective on Human Emotion and 'Faith' in Salvation*. Presented at the Fall Colloquium of the Religion Department, Marion, IN.

Puffer, K. A. (September 9, 2000). A presentation on adolescent development. At the Ministry Enrichment Day at Lakeview Wesleyan Church, Marion, I.

Puffer, K. A., Pence, K., Graverson, M. T., & Wolfe, M. (March, 2000). *Hope for clarity in adolescent faith development: An exploration of discernable differences*. Presented at the International Conference of Christian Association for Psychological Studies, Tulsa, OK.

Puffer, K. A. (October 15, 1999). As the dust settles. [numbering your days – not wasting time] Chapel presentation in the Phillippe Performing Arts Center at Indiana Wesleyan University, Marion, IN.

Kelly, K. R., & Puffer, K. A. (August, 1999). Relation of family cohesion, autonomy, and activity to career development. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

Puffer, K. A. (April, 1999). *Shepherding young adults' occupational socialization*. Presented at the International Conference of Christian Association for Psychological Studies, Colorado Springs, CO.

Puffer, K. A. (November, 1998). Spoke (brief speaking part) in Chapel – on persecution of the church in *Sudan* at Indiana Wesleyan University.

Puffer, K. A. (November, 1997). *Shame and your identity in Christ*. Program presented as a seminar during the evening service at Lakeview Wesleyan Church, Marion, Indiana.

Puffer, K. A. (October, 1997). Presentation for the Debra Corn Agency at Brinker Heights Wesleyan Church, Marion, Indiana.

Puffer, K. A. (September, 1997). *Shame and grace*. Program presented as a seminar during the evening service at Lakeview Wesleyan Church, Marion, Indiana.

Puffer, K. A. (September, 1996). *Grieving gracefully*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (September, 1996). *Understanding and managing shame*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K.A. (April, 1996). *Career development and family dynamics: How career indecision is related to family relationships*. Presented at the International Conference of Christian Association for Psychological Studies, St. Louis, MO.

Puffer, K. A. (September, 1995). *Dysfunctional families*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (September, 1995). *Understanding and managing shame*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (August, 1995). *Grieving gracefully*. Program presented for the Indiana Yearly Meeting at Indiana Wesleyan University, Marion, Indiana.

Puffer, K. A. (September, 1994). *Dysfunctional families*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (June, 1992). *Ministering to the families of the 90s*. Program presented for the Marion Quarterly Meeting, Jonesboro, Indiana.

HONORS AND AWARDS

- | | |
|-------|---|
| 2/20 | Marquis Who's Who in America – 74 th edition |
| 5/19 | Marquis Who's Who in the World – 2019 |
| 11/18 | Marquis Who's Who in America – 2019 edition |
| 11/17 | Marquis Who's Who in America – 2018 edition |
| 4/15 | Collaborative Mentoring in Assessment. From Indiana Wesleyan University's |

Assessment Council. Peers included in the award were -- Doug Daugherty, Tim Steenbergh, Erin Devers, BJ Fratzke, Betsye Robinette, & Jason Runyan.

- 5/13 Marquis Who's Who in America – 68th edition
- 1/12 Marquis Who's Who in America – 67th edition
- 3/11 Marquis Who's Who in America – 66th edition
- 2/10 Marquis Who's Who in America – 65th edition
- 1/09 Marquis Who's Who in America – 64rd edition
- 6/08 Marquis Who's Who in America – 63rd edition
- 8/07 Who's Who Among America's Teacher—11th edition
- 2/06 Who's Who Among America's Teacher—10th edition
- 2/05 Who's Who Among America's Teacher—9th edition
- 1/04 Who's Who Among America's Teacher—8th edition
- 2002 Republican of the Year: The National Republican Congressional Committee
- 4/00 Who's Who Among America's Teacher—6th edition
- 1/99 Nominated for Dissertation Award in the School of Education at Purdue University
- 6/91 GRADUATED CUM LAUDE: Trinity International University.

PROFESSIONAL MEMBERSHIPS

- 09/18-present Board Certified TeleMental Health Provider, Center for Credentialing & Education, Inc.
- 12/06-09/18 Distance Credentialed Counselor (DCC), Center for Credentialing & Education.
- 11/00-present PSI CHI –The National Honor Society in Psychology: entered as professional member.
- 9/99-present SOCIAL WORKER, MARRIAGE AND FAMILY THERAPIST,

- MENTAL HEALTH COUNSELOR BOARD. Licensed Mental Health Counselor (LMHC).
- 4/97-present NATIONAL BOARD FOR CERTIFIED COUNSELORS, INC:
Board Certified - Counselor (BC-C).
- 9/93-present CHRISTIAN ASSOCIATION FOR PSYCHOLOGICAL STUDIES.
Professional member.
- 12/90-present EVANGELICAL CHURCH ALLIANCE. Ordained minister.
- 9/89-present AMERICAN COUNSELING ASSOCIATION. Student and
professional member.