

AUBREY MONSON, MSN, APRN, CNM, CLC

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Profile

A well-rounded Nursing professor and certified nurse-midwife with clinical, teaching, and leadership experience. Known for excellent teamwork capabilities, a strong work-ethic, and an exceptional ability to connect with clients and students.

Education

08/2017- 05/2020: *Master of Science in Nurse-Midwifery* | Bethel University | St. Paul, MN

08/2007-05/2011: *Bachelor of Science in Nursing* | Bethel University | St. Paul, MN

Work Experience

Indiana Wesleyan University: Marion, IN

Assistant Professor of Nursing 01/2024 - Present

- Develop and teach course content, classroom lectures, and discussions.
- Oversee nursing students' clinical rotations, ensuring a rich learning environment and adherence to evidence-based practice.
- Provide mentorship, advising, and academic guidance to pre-licensure nursing students.

Parkview Health: Huntington, IN

Certified Nurse-Midwife, 07/2025- Present

- Provided high-quality, full-scope midwifery care to women during pregnancy, labor, delivery, and the postpartum period.
- Provided well-woman care, family planning services, and management of gynecologic conditions.
- Worked collaboratively with OB-GYN colleagues to co-manage complex patient care.

The Minnesota Birth Center: Saint Paul, MN

Certified Nurse-Midwife, 12/2021-07/2023

- Provided high-quality, full-scope midwifery care in a freestanding birth center. This included primary care, prenatal care, labor, delivery, and postpartum care.
- Maintained privileges at two local hospitals for continuation of care in high-risk situations.
- Provided well-woman care, family planning services, and management of gynecologic conditions.
- Worked collaboratively with OB-GYN colleagues at Allina Hospitals to co-manage high-risk patient care.

St. Luke's Health: Duluth, MN

Certified Nurse-Midwife, 11/2020-11/2021

- Provided high-quality, full-scope midwifery care to women during pregnancy, labor, delivery, and the postpartum period.
- Provided well-woman care, family planning services, and management of gynecologic conditions.
- Triageed all women (OB and CNM patients) who presented to the birthing center.
- Provided labor management to all patients on the birthing center.
- Worked collaboratively with OB-GYN colleagues to co-manage complex patient care.

University of Northwestern: Saint Paul, MN

Adjunct Clinical Nursing Faculty- OB department, 08/2020-12/2020

- Mentored nursing students throughout their OB clinical rotation.
- Created a rich learning environment, ensuring that students received a comprehensive clinical experience.
- Evaluated for adequacy of meeting course requirements in the clinical setting.

Health Foundations Birth Center: St. Paul, MN

Registered Nurse, 06/2018- 08/2020

- Assisted women during labor and delivery by monitoring fetal heart tones, vital signs, and providing comfort measures.
- Performed neonatal resuscitation as necessary.
- Monitored women and newborns during the immediate postpartum period.
- Conducted home visits to assess newborns and mothers at 24-48 hours after birth.
- Provided teaching on breastfeeding, newborn care, and postpartum care.

Northwestern Medicine, Delnor Hospital: Geneva, IL

Registered Nurse- Orthopedics, Neurology, and Oncology- 02/2014-04/2015

- Managed bedside nursing care for acutely ill medical/surgical patients at a magnet level hospital.
- Prepped patients for procedures/surgeries and resumed care immediately after recovery.
- Educated patients on their plan of care and advocated for optimal care of ongoing needs.
- Collaborated regularly with healthcare team to achieve excellent patient care.

Veterans Affairs Medical Center: Minneapolis, MN

Registered Nurse, Extended Care and Rehabilitation- 09/2011-05/2013

- Managed bedside nursing care for Veterans needing extended rehabilitation or hospice care.
- Administered medications and tube feedings, performed complex dressing changes, and prepped patients for procedures and surgeries.
- Educated patients on their diagnoses and ways to promote increased quality of life.
- Collaborated regularly with healthcare team to achieve excellent patient care.

Leadership

- *Functioned in the charge nurse role to manage nursing care for the unit, make assignments, and collaborate with nursing management- 2012-2013 (VA Medical Center)*
- *Mentored and assisted training new staff and student nurse-midwives- 2021-2023 (The Minnesota Birth Center)*

Publications

- *Reducing Preterm Birth for Women of Color Through Group Prenatal Care:*
<https://cdm16120.contentdm.oclc.org/digital/collection/p16120coll4/id/1490/rec/5>

Certifications/Licenses

Expiration

Nurse-Midwife Certificate #CNM06484.....	12/31/2030
MN APRN License #446.....	04/30/2027
IN APRN License #71076500A.....	10/31/2027
IN RN License #28284501A.....	10/31/2027
MN RN #2028268.....	04/30/2027
Certified Lactation Consultant #352938.....	09/24/2027
NRP.....	05/31/2027
CPR.....	07/31/2027