

# Ashton Burton-Becraft, MSW, LCSW

Licensed Clinical Social Worker · Psychotherapist · Educator  
Marion, IN · ashtonburton@restoreyourheartcw.com

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## Professional Summary

Licensed clinical social worker and psychotherapist with extensive experience in trauma-informed care, attachment-based therapy, and neurodiversity advocacy. A dynamic educator and field director who integrates clinical insight with creative, student-centered instruction. Skilled in resource navigation, crisis intervention, and leadership across diverse settings. Passionate about mentoring future social workers and fostering authentic emotional engagement in both therapy and education.

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## Education

Degree	Institution	Year
Master of Social Work (Advanced Standing)	University of Southern Indiana	2020
Bachelor of Social Work	University of Southern Indiana	2019
Bachelor of Arts in Spanish Studies	University of Southern Indiana	2019

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## Academic Appointments

**Indiana Wesleyan University – Marion Campus**  
*Field Director & Professor, BSW and MSW Programs*  
**July 2025–Present**

- Oversee field education for undergraduate and graduate social work students
- Teach courses focused on lifespan development, trauma-informed practice, and clinical skills
- Design reflective, strengths-based learning tools and student-centered activities

**Adjunct Instructor, Social Work Department**  
**2023**

- Taught undergraduate courses emphasizing direct skills interventions and social work acclimation
  - Supported practicum coordination and student mentorship
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## Teaching Philosophy

I believe authentic emotional engagement and reflective practice are essential to developing competent, compassionate social workers. I create trauma-informed, neurodiversity-affirming, and strengths-based learning environments where students feel safe to explore, question, and grow.

Education is a collaborative process. I integrate visual tools, executive functioning supports, and narrative reflection to meet diverse learning needs. Biblical integration guides students to consider how faith, justice, and service intersect in clinical and community practice. I model vulnerability, humor, and adaptability—inviting students to bring their whole selves into the learning process.

My goal is to mentor future social workers who are clinically skilled, emotionally attuned, culturally responsive, and deeply committed to healing and advocacy.

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## Clinical Experience

**Restore Your Heart Counseling & Wellness, LLC**

*Owner & Psychotherapist*

**2023–Present**

- Provide trauma-informed therapy with a focus on attachment, family systems, and neurodiverse clients
- Operate a hybrid private practice offering both in-person and telehealth services
- Integrate biblical and strengths-based approaches into clinical work

**Clearview Girls Academy**

*Therapist*

**March 2024–April 2025**

- Delivered individual and group therapy to adolescent girls in a residential setting
- Specialized in trauma recovery, attachment repair, and emotional regulation

- Collaborated with multidisciplinary teams to support holistic care

### **Compass Rose Academy**

*Licensed Clinical Social Worker*

**2023–2024**

- Navigated complex family systems, providing trauma and attachment-based treatment
- Utilized Dr. John Townsend's Growth Model
- Provided therapy and case management for youth in residential treatment

### **Inner Space Center for Emotional Health**

*Licensed Social Worker*

**2021–2023**

- Offered outpatient therapy for children, adolescents, and families
- Focused on trauma, anxiety, and attachment-related concerns
- Worked with clients ages 3–70 across diverse cultural and neurodevelopmental backgrounds

### **Raintree Consulting, LLC**

*Therapist, PA, Case Worker, Supervisor*

**2016–2023**

- Delivered in-home therapy and case management services to children, adolescents, and families
- Progressed through multiple roles—starting as case worker and PA, then therapist and supervisor
- Provided trauma-informed care, attachment-based interventions, and executive functioning supports
- Supervised clinical staff and supported documentation systems and Medicaid navigation

### **The Salvation Army – COVID Response**

*Social Worker & Community Support*

**2020–2021**

- Provided crisis intervention, resource navigation, and emotional support during the COVID-19 pandemic
- Supported vulnerable populations with housing, food access, and mental health referrals
- Collaborated with local agencies to ensure continuity of care during public health emergencies

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## **Advocacy & Mission Work**

- Traveled to **Jamaica** and **Mexico** for social work advocacy and mission work
  - Engaged in cross-cultural service projects focused on trauma recovery, family systems, and community empowerment
  - Promoted global awareness and ethical practice in social work through immersive service experiences
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## **Skills & Modalities**

- Trauma-Informed Care
  - Attachment-Based Therapy
  - TF-CBT, CBT, DBT
  - Crisis Intervention
  - Person-Centered Diagnosis
  - Medicaid & Resource Navigation
  - Spanish Language Proficiency
  - Creative Teaching & Visual Tools
  - Executive Functioning Supports
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## **Professional Memberships**

- Phi Alpha Honor Society
  - Townsend Leadership Program (Participant)
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## **Areas of Interest**

- Designing reflective, student-centered learning experiences
  - Advocating for trauma-informed and neurodiverse care
  - Integrating biblical and strengths-based perspectives into therapy and teaching
  - Promoting ethical global practice through mission work and cross-cultural advocacy
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## **Professional Aspirations**

I aspire to pursue a doctoral degree in social work. My goals include conducting research, publishing work that bridges clinical insight and pedagogy, and contributing to trauma-informed, strengths-based education in social work.