

## *Erin M. Lefdahl-Davis*

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### EDUCATION

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|--|------------------|
| <b>Doctor of Philosophy in Counseling Psychology (Ph.D.)</b><br>Ball State University, Department of Counseling Psychology     | <b>July 2014</b> |
| <b>Master of Arts in Counseling (M.A.), Community track</b><br>Ball State University, Department of Counseling Psychology      | <b>May 2011</b>  |
| <b>Master of Theological Studies (M.T.S.)</b><br>(Professional Distinction in Theology) Anderson University School of Theology | <b>May 2007</b>  |
| <b>Bachelor of Arts in Psychology and Christian Ministries, Minor in Family Science</b><br>Anderson University, Anderson, IN   | <b>May 1994</b>  |
| <b>A-Level Certificate, Brooksbank College, England</b><br>(English Literature, General Studies, Economics)                    | <b>May 1990</b>  |

### PROFESSIONAL EXPERIENCE

- Psychology Faculty, Semester at Sea, ISE, Colorado State University**      **Jan 2020-April 2020**  
Taught Abnormal Psychology, Social Psychology and Human Sexuality for undergraduate students during the Spring 2020 Semester at Sea voyage, travelling around the world and hosting port visits in Japan, Vietnam, Mauritius, and South Africa. Emphasis on cross-cultural psychology and intercultural communication within each subject area.
- Associate Professor in Graduate Counseling, Indiana Wesleyan University**      **Jan 2014-present**  
Taught classes for graduate students in Multicultural Counseling; Legal, Ethical and Professional Issues, Sexuality, Intimacy and Gender, Research Methods, Career Counseling, Faith Integration and Life Coaching, in both online and onsite formats.
- Online Program Manager, Graduate Counseling, Indiana Wesleyan University**      **Jan 2017-present**  
Administrative responsibility for overseeing 70 online graduate classes in Clinical Mental Health, Marriage and Family Therapy, Addictions Counseling, School Counseling and Student Development Administration for IWU faculty and students. Assisted with learning platform migration.
- Consulting Psychologist (HSPP Supervisor), Compass Rose Academy**      **July 2018-present**  
Did consultation and group supervision for the clinical team at Compass Rose Academy, a long-term residential treatment center for adolescent girls struggling with mental health and behavioral issues. Consulted on treatment plan issues, assessments, paperwork and diagnoses, and did clinical training.

**Psychologist and Supervisor, Madison County Jail Therapy Program** August 2016-present  
Developed a program to provide mental health treatment at the Madison County Jail, through a yearly renewed state grant for inmate mental health care. Recruited and trained 8-12 therapists to provide individual and group counseling in the jail, updated paperwork and case notes/therapy requests, met with sheriff and jail commander on a regular basis to assess progress, update program and add services.

**Counseling Psychologist, Jane Pauley Community Health Center** August 2016-present  
Met with children, adults and families for individual therapy, psychological assessment and mental health care in a community setting, including therapy with inmates at the county jail to improve mental health outcomes. Did behavioral assessments in school settings and wrote reports when necessary.

**Psychology Intern, University Counseling Center, University of Notre Dame** Aug. 2013-July 2014  
Performed initial assessments, walk in emergency coverage, and individual counseling sessions with undergraduate and graduate students at Notre Dame, with individual and group supervision. Supervised a doctoral practicum student from the clinical psychology program. Did outreach to underserved student groups including international students and minority students. Served on the multicultural team.

**Therapist, Ball State Practicum Clinic, Ball State University** January 2010-May 2013  
Did initial assessments and counseling sessions with couples, individuals, adolescents and children using various approaches including narrative therapy, IPT, CBT and art therapy, with individual and group supervision. Outreach to underserved populations in surrounding community.

**Assessment Specialist, Therapist, Madison County Community Health Center** June 2012-2013  
Facilitated use of a \$9000 community health grant to research, purchase, and organize a large supply of psychological tests and assessments to be used by psychologists and those in training. Performed intakes, assessment and therapy sessions with adults, adolescents and children using various assessments including MMPI-2, WISC-IV, WAIS-IV, Bender-Gestalt, etc. with individual and group supervision.

**Therapist, Anderson University Counseling Center** September 2012-May 2013  
Did intake and counseling sessions with undergraduate college students using various approaches including narrative therapy, IPT, CBT and art therapy, with individual and group supervision.

**Supervisor, Master's Mental Health Counseling Students, Ball State University** Summer 2012  
Provided clinical supervision for four masters level practicum students working at a community clinic, who counseled a variety of clients (adult, child, family, couples) at the Ball State Practicum clinic.

**Supervisor, Master's School Counseling Student, Ball State University** January 2012-May 2012  
Provided clinical supervision for a master's level practicum student working at Longfellow Elementary school in Muncie, who counseled three elementary students in weekly counseling over the school year.

**Intern, Center for Student Success, Indiana Wesleyan University** August 2010-May 2011  
Served undergraduate college students using mental health therapy, career counseling, art therapy, experiential therapy and family systems interventions, with individual and group supervision.

**Graduate Student Advisor for the M.A. Program in Counseling** August 2009-May 2011  
Advised students on class scheduling, maintain files of applicants and current students, correspond with applicants, students, and faculty about the Master's program, maintain data bases for research purposes.

**Adjunct Faculty, Anderson University, Anderson, IN**

**September 2004-May 2013**

Taught classes in Courtship and Marriage, Self and Society (Sociology/Family Science) Liberal Arts (Critical Thinking Skills) and developmental psychology for freshman through senior students with a range of majors.

**Supplemental Author, Cengage Learning, Belmont, CA**

**Published in 2008, 2010**

Revised the Instructor's Manual/Test Bank for the 10<sup>th</sup> and 11<sup>th</sup> editions of a higher education Sociology textbook. Worked on a tight deadline; developed lecture outlines, learning objectives, classroom discussion ideas and student activities, updated and added internet resources, developed additional test questions, and authored a new component: "Using Popular Film in the Classroom."

**Resident Director, Anderson University, Anderson, IN**

**July 2000-May 2007**

Supervised a residential dorm of 160-180 undergraduate college women, overseeing and mentoring a team of resident assistants to provide spiritual growth, and a community setting in which to live and grow academically and spiritually. Emphasized healthy relationships and lifelong learning.

**Counselor/Case Manager, White's Residential Services, Wabash, IN**

**August 1995-July 2000**

Responsible for individual counseling and case management for teenage delinquent girls placed at a residential treatment facility. Wrote quarterly reports on each resident, attended and testified at court hearings, and developed program and assessment initiatives. Also involved in group counseling and family sessions, and encouraged spiritual growth involvement.

**Dove Harbor Women's Shelter, Anderson, IN**

**September 1993-December 1994**

Served as a counselor/case manager in a team setting to promote the health, safety, spiritual growth and emotional wholeness of women and children in transitional living situations. Developed teaching tools, led group sessions and Bible studies, and supervised home visits and children's programming. Received some training as a doula, and attended to several births, adoptions and family court proceedings.

## **UNIVERSITY TEACHING EXPERIENCE**

**PSY 315 Social Psychology – Semester at Sea**

**Spring 2020**

Broad introduction to social psychology as the scientific study of psychology as the individual interacts with relationships, family, community, and socialization. Cross-cultural writings, documentaries and research were included.

**PSY 320 Abnormal Psychology – Semester at Sea**

**Spring 2020**

Overview of mental health issues, including how culture and social institutions influence the definition and treatment of human distress. Considered how mental health diagnoses are associated with social identities related to gender, race/ethnicity, social class and status, and sexual orientation, and how mental health problems are related to discrimination, violence, and social injustice.

**PSY 328 Psychology of Human Sexuality – Semester at Sea**

**Spring 2020**

Explored human interaction in relationships with an emphasis on the psychology of human sexuality cross-culturally. Additional areas of study included gender issues, sexual disorders, sexual orientation, and sexual abuse. Strategies for greater understanding and issues of culture and worldview were integrated.

**CNS 538 Theory and Techniques of Play Therapy**

**2018-present**

Provided a foundational understanding of experiential counseling with children of all ages, using the mode of play and relational counseling. Various play therapy theories and techniques were used such as sand tray, art therapy, symbolic play, family play therapy, and trauma interventions.

**SDC 520 Foundations of Professional Coaching****2015-present**

Introduced counseling and higher education masters level students to coaching theory and practice with an emphasis on the application on the various applications of coaching in the professional world. Students were trained in coaching competencies and skills utilized specifically in coaching, and exposed to theories and applications of positive psychology in the helping professions.

**SDC 522 Coaching and Self****2015-present**

Helped coaching students to develop a personalized approach to coaching, clarify values, create a purpose statement, and begin to establish a coaching niche. Students learned to coach from their personal strengths and experience, and create a “coaching toolbox” that to aid their future coaching practice.

**SDC 522 Coaching and Systems****2017-present**

Introduced coaching students to systems theory and thinking, in order to apply these principles to coaching with a system identified as the client in the professional relationship. Students learned to coach systems, including couples, families, teams and groups as a possible option for their future coaching practice.

**SDC 526 Coaching Applications – Experiential Methods****2015-present**

Demonstrated and explored experiential and intentional experiences to apply to professional coaching practice. Provided a theoretical base in order to creatively implement various techniques into a coaching practice, including demonstrations of experience-assisted and art-assisted coaching.

**CNS 509 Integration of the Theory and Practice of Christian Counseling****2015-2017**

Explored issues surrounding the integration of psychology and theology for counseling professionals, with an emphasis on personal faith development and application to practice.

**CNS 505 and SDC 515 Theory and Techniques of Career Counseling and Assessment 2015-present**

Discussed theories and techniques of Career Counseling, including current assessments, personality preferences, cultural changes in the world of work, and diversity issues.

**CNS 520 Sexuality, Intimacy and Gender****2014-present**

Explored human interaction in relationships with an emphasis on intimacy and sexuality. Additional areas of study included gender issues, sexual disorders, sexual orientation, and sexual abuse. Strategies for counseling intervention was discussed and issues of culture and faith were integrated.

**CNS 507 Research and Evaluation of Methods and Practice****2014-present**

Provided a foundation for a broad understanding of quantitative and qualitative research designs in the counseling field, research reporting and evaluation, and the use of computers in data collection and analysis.

**SDC 525 Special Issues in Higher Education – Life Coaching****2014-2015**

Focused on mental health issues on the campuses of colleges and universities. Attention was given to institutional leadership roles, responsibilities, strategic planning, service provision and special challenges. [Also developed three new classes in coaching to create a graduate certificate in professional coaching.]

**CNS 508 Legal, Ethical and Professional Issues (Indiana Wesleyan University)****Spring 2014**

Examined professional roles and responsibilities with regard to the counseling profession. Included ethical, legal, and biblical standards for conduct, professional organizations, credentialing, and developing a plan for lifelong professional and personal development and integrity.

**CNS 502 Multicultural Counseling (Indiana Wesleyan University)****Spring 2014**

Discussed multicultural factors which impact the counseling process, while challenging students to examine their values and beliefs regarding cultural differences and their origins as well as the differences between

diverse populations. Emphasis was placed on those populations whose racial, social, religious, cultural, physical disabilities/characteristics and languages differs from those of mainstream society.

**CPSY 360 Inter-Relational Aspects of Sexuality (Ball State) Spring 2012, Fall 2012, Spring 2013**

Exploring human sexuality through the lens of healthy relationship development, based on a counseling psychology foundation. Discussion of human anatomy, sexual reproduction, gender and sexual orientation, societal ethics and structure, healthy communication, sexual values and behaviors.

**PSYCH 2500 Lifespan Human Development (Anderson University) Fall 2012**

An educational journey from birth until death, with cognitive, social and aspects of lifespan development explored and discussed, with a special emphasis on current research, multicultural and international considerations, and social concern. Using Laura Berk's *Exploring Lifespan Development* as a primary text, in order to prepare nursing, psychology, sociology and social work majors for career work.

**SOC 2200 Self and Society (Anderson University) Spring 2009**

A course integrating the mutual interdependence of self and society using the concept of *symbolic interactionism* as a means to discuss social psychology. Using readings and presentations from the text: *Inside Social Life: Readings in Sociological Psychology and Microsociology* (Second Edition) edited by Spencer E. Cahill (Los Angeles, CA: Roxbury Press), 1998. Discusses how individuals impact society and the way in which society informs and shapes individual thought and behavior over the life span.

**SOC 2120 - Courtship and Marriage (Anderson University) Fall 2006, Spring 2007, Fall 2009**

A thorough discussion of marital preparation and intimacy, including family science concepts, psychological research, and practical illustrations. Covers concepts found in the text *Human Intimacy: Marriage, The Family and Its Meaning* by Frank Cox (Tenth Edition), published by Thompson/Wadsworth, 2006. Applicable and open to all majors, taken by students with a wide variety of relational and professional pursuits

**LIBERAL ARTS 1100 - Freshman Seminar in Critical Thinking Skills January 2007-May 2009**

Using themes such as "Justice and the Good Society," and "Romantic Love," this class explores the world of literature, science, sociology and modern culture to discuss different views and facilitate critical analysis of opposing ideas.

## PROFESSIONAL PUBLICATIONS

Justice, J.M., Norris-Brown, C. Lefdahl-Davis, E.M. (2019). Multimodal, Multicultural Group Counseling for College Preparedness. *Tennessee Counseling Association Journal*, 8(1), p. 65-85.

Huffman, L. & Lefdahl-Davis, E. (2019). A pivotal point in identity development: The impact of the resident assistant experience. *Growth Journal: The Journal of the Association for Christians in Student Development*, 18(18), p. 54-72.

Lefdahl-Davis, E.M. (2019). Flourishing in an Age of Overwhelm. [Review of *The Age of Overwhelm: Strategies for the Long Haul*. By L. van Dernoot Lipsky, Oakland, CA: Berrett-Koehler Publishers, 2018.] *Psychology of Women Quarterly*.

Lefdahl-Davis, E.M., Huffman, L., Stancil, J. & Alayan, A.J. (2018). The impact of life coaching on undergraduate students: A multiyear analysis of coaching outcomes. *International Journal of Evidence Based Coaching and Mentoring*, 16(2), p. 69-83. DOI: [10.24384/000560](https://doi.org/10.24384/000560)

- Lefdahl-Davis, E.M. (2018). Deep Thoughts about Aging Thoughtfully. [Review of *Aging thoughtfully: Conversations about retirement, romance, wrinkles, and regret*. By M. Nussbaum, M., & S. Levmore, S. New York, NY: Oxford University Press, 2017.] *Psychology of Women Quarterly*.
- Lefdahl-Davis, E.M. & Dean, M.C. (2018). Beyond safety: The plight of incarcerated women. [Review of *In Search of Safety: Confronting Inequality in Women's Imprisonment*. By B. Owen, J. Wells, and J. Pollock, Oakland, CA: University of California Press, 2017.] *Journal of Sex Roles*, <https://doi.org/10.1007/s11199-018-0900-1>.
- McGill, J., Huang, L., Davis, E., Humphrey, D., Pak, J., Thacker, A., and Tom, J. (2018). Addressing the neglect of students of color: The strategy of life coaching. *Journal of Sociology and Christianity*, 8(1), 23-42.
- Goss-Reaves, L., Shankar-Crouso, L. & Lefdahl-Davis, E. M. (2018). Bearing God's image to all people: A social worker's response to the sojourner. *Social Work and Christianity*, 5(3), p. 10-18.
- Lefdahl-Davis, E.M. & Perrone-McGovern, K.M. (2015). The cultural adjustment of Saudi women international students: A qualitative examination. *Journal of Cross-Cultural Psychology*, 46(3), 406-434.
- Perrone-McGovern, K.M., Oliviera-Silva, P., Simon-Dack, S., Lefdahl-Davis, E., Adams, D., McConnell, J., Howell, D., Hess, R., Davis, A., and Goncalves, O. (2013). Physiological and psychological factors influencing romantic relationship satisfaction. *Applied Psychophysiology and Biofeedback*, 39, 19-25.
- Davis, E.M. (2012). Academic instruction around the world. [Review of the book *Handbook of College and University Teaching: A Global Perspective*, by J.E. Groccia, M.A. Alsudairi & W. Buskist (Eds.)]. *International Psychology Bulletin*, 16:3, 28-29.

**Instructor's Resource Manual with Test Bank (Wadsworth/Cengage Publishing) 2008, 2010**  
 Revised the Instructor's Resource Manual/Test Bank (IM/TB) for the 10<sup>th</sup> and 11<sup>th</sup> editions of *Marriages and Families: Making Choices in a Diverse Society* by Mary Ann Lamanna and Agnes Riedmann, a primary sociology and family science text used by Cengage Publishing (formerly Wadsworth). Developed learning objectives for each chapter, classroom discussion questions, student activities, additional test questions, chapter outlines and a new "Using Popular Film in the Classroom" component. Provided links with appropriate websites for learning activities. Worked on a tight deadline to revise and edit chapters.

## **PROFESSIONAL PRESENTATIONS**

- Lefdahl-Davis, E. (March 2019). *The Enneagram as a Transformative Tool*. Workshop presentation at the **Christian Association for Psychological Studies Conference**, Dallas, TX.
- Davis, R., & Dean, M. (August 2018). *The Plight of Incarcerated Women: Feminist Activism in the Correctional System*. Workshop presentation at the **American Psychological Association Annual Convention**, San Francisco, CA.
- Wong, P., Davis, E., Ellis, D, Treptow, R., & Handwerker, S. (August 2018). *A Multidimensional Approach to Mature Happiness and Global Wellbeing*. A collaborative symposium presentation at the **American Psychological Association Annual Convention**, San Francisco, CA.

Davis, R., & Davis, E. (August 2018). *Rejecting Imposter Syndrome: Why Women and Persons of Color Need to Abandon This Burden*. Workshop presentation at the **American Psychological Association Annual Convention**, San Francisco, CA.

Davis, E. & Bungler, J. & Thompson, R. (June 2018). *Celebrating Individual Design: Coaching Tools for Self-Awareness and Personal Growth*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, Biola University, La Mirada, CA.

Thompson, R. & Davis, E. (June 2018). *Campus Ecology, Identity, Faith, and Lesbian & Gay Students*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, Biola University, La Mirada, CA.

Lefdahl-Davis, E. (July 2017). *Coaching as a Social Justice Intervention: Empowerment for the Minority, Oppressed and Invisible*. Individual podium presentation at the **Fifth World Congress on Positive Psychology**, Montreal, Canada.

Davis, E. & Thompson, R. (June 2017) *Imagine Coaching on your Campus - Empowering Students to Thrive*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, John Brown University, Siloam Springs, AR.

Thompson, R. & Davis, E. (June 2017). *Beyond Binary: Gender in the 21st Century*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, John Brown University, Siloam Springs, AR.

Pak, J., & Lefdahl-Davis, E. (March 2017). *Breaking the Barriers for Minoritized Individuals and Groups through Empowering Connection and Coaching*. Workshop presentation at the **Christian Association for Psychological Studies Conference**, Chicago, IL.

Justice, J. Lefdahl-Davis, E., Norris-Brown, C. & Bowen, F. (March 2017) *Social Justice Begins in Youth with Service Learning*. Poster presentation at the **Christian Association for Psychological Studies Conference**, Chicago, IL.

Davis, E., & Davis, R. (August 2016). *"It's a Girl": Responding to International Gendercide*. Workshop presentation at the **American Psychological Association Annual Convention**, Denver, Colorado.

Davis, R., & Davis, E. (August 2016). *Finding Our Replacements: Using Mentoring Relationships to Empower Female Students*. Workshop presentation at the **American Psychological Association Annual Convention**, Denver, Colorado.

Thompson, R. & Davis, E. (June 2016). *The Impact of the Christian College Ecology on the Perceived Faith Development of Gay & Lesbian Identified Students*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, Gordon College, Wenham, MA.

Davis, E. & Thompson, R. (June 2016) *Coaching Education for Higher Ed Professionals: Attending Creatively, Listening Deeply, Asking Curiously*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, Gordon College, Wenham, MA.

Lefdahl-Davis, E., Sofletea, G. & Davis, R. (August 2015). *Who needs to be heard? Using feminist research as a microphone for muted voices*. Discussion presentation for the Society of Women in Psychology at the **American Psychological Association Annual Convention**, Toronto, Canada.

Lefdahl-Davis, E., & Thompson, R. (June 2015) *Beyond binary: Gender issues for student life professionals*. Workshop presentation at the **Association for Christians in Student Development Annual Conference**, Wheaton, IL.

Lefdahl-Davis, E., Perrone-McGovern, K. M. (August 2014). *The Cultural Adjustment of Saudi Women International Students: A Qualitative Examination*. Poster presented at the **American Psychological Association Annual Convention**, Washington, D.C.

Davis, E. (March 2014) *Interactive Teaching and Learning in a Media-Rich World*. Workshop presentation given at the **Midwest Scholars Conference** in Indianapolis, IN.

Perrone-McGovern, K. M. , Oliviera-Silva, P., Simon-Dack,S., Lefdahl-Davis, E., Adams, D., McConnell, J., Howell, D., Hess, R., Davis, A., and Goncalves, O. (August 2013). *Physiological and psychological factors influencing romantic relationship satisfaction*. Poster presented at the **American Psychological Association Annual Convention**, Honolulu, HI.

Davis, E.M., Bowman, S.L., Adams, D.F., Choi, Y., Howell, D.S., Niegocki, K.L., Park, J., & Sandozi, N. (2012). *Surviving the PhD through Cohort Cohesion*. Presented Aug. 4, 2012 at the **American Psychological Association Annual Convention** in Orlando, FL.

Davis, E.M. & Sadler, E.L. (2012). *Juggling Multiple Roles in Counseling Psychology*. Poster presented April 2012 at **Great Lakes Regional Conference**, Purdue University.

## **PROFESSIONAL MEMBERSHIPS**

<b>American Psychological Association (APA)</b>	<b>2009-present</b>
Active Member - Society for the Teaching of Psychology (Division 2)	
Active Member - Society for the Psychology of Aesthetics, Creativity and the Arts (Division 10)	
Active Member - Society of Counseling Psychology (Division 17)	
Active Member - Society for the Psychology of Women (Division 35)	
Active Member –Society for the Psychological Study of Culture, Ethnicity and Race (Div. 45)	
Active Member - International Psychology (Division 52)	
<b>American Counseling Association (ACA)</b>	<b>2014-present</b>
<b>Christian Association for Psychological Studies (CAPS)</b>	<b>2014-present</b>
<b>International Positive Psychology Association (IPPA)</b>	<b>2015-2017</b>
<b>Association of Christians in Student Development (ACSD)</b>	<b>2000-2007, 2014-present</b>

## **PROFESSIONAL RESEARCH PEER REVIEWER and EDITOR**

<b>American Psychological Association (APA) - Div. 52 International Psychology</b>	
Professional Peer Reviewer for international research proposals for National Convention	<b>2015-2018</b>
<b>American Psychological Association (APA) - Div. 17 Counseling Psychology</b>	
Professional Peer Reviewer for international research proposals for National Convention	<b>2017-2018</b>
<b>American Psychological Association (APA) - Div. 35 Psychology of Women</b>	
Professional Peer Reviewer for international research proposals for National Convention	<b>2017-2018</b>
<b>National Multicultural Conference and Summit (APA) - Div. 35/44/45 Culture, Race, Ethnicity</b>	
Professional Reviewer for research proposals	<b>2016-2108</b>
<b>Journal of Cross-Cultural Psychology</b>	<b>2016-2019</b>
Professional Peer Reviewer for journal manuscript proposals	

<b>Journal of Gender Studies</b>	<b>2018-2019</b>
Professional Peer Reviewer for journal manuscript proposals	
<b>Frontiers in Psychology</b>	<b>2019-2020</b>
Topic Editor for Personality and Social Psychology journal manuscript proposals	

## **ACADEMIC COMMITTEE SERVICE**

<b>CAS Academic Policies Committee - IWU</b>	<b>2104-2015</b>
<b>Global Studies Committee – IWU</b>	<b>2015-2017</b>
<b>Art Therapy Assessment Committee – IWU</b>	<b>2015-present</b>
<b>IWU-Excelsia Bridge Committee – Lumen Research</b>	<b>2015-present</b>
<b>Faculty Intercultural Learning Focus Group</b>	<b>2016-present</b>
<b>Tenure Faculty Task Force</b>	<b>2016-2017</b>
<b>RADAR (Diversity and Retention) Committee</b>	<b>2017-present</b>
<b>Enneagram Task Force</b>	<b>2017-2018</b>

## **COMMUNITY WORKSHOPS**

<b>“Sand Tray Therapy: The Basics”</b>	<b>June 2017</b>
Experiential sand tray workshop for psychologists in training and professional psychologists presented in Anderson, IN through Jane Pauley Community Mental Health Center demonstrating the therapeutic use of sand tray sessions with children, adolescents and adults.	
<b>“Choosing Aliveness in Suffering”</b>	<b>July 2015</b>
Experiential group coaching workshop presented in Marion, IN through Lark Song, Inc. to encourage those with chronic illness, relationships issues, and grief/loss to find ways to honor their suffering.	
<b>“Dreams: Illustrations of the Soul”</b>	<b>July 2015</b>
Workshop developed for use at a Catholic retreat center (John XXIIIrd Center) discussing various aspects of dreams; their history, symbolic language, and potential for personal growth and group processing.	
<b>“Dream Work in Therapy”</b>	<b>April 2014</b>
Topical presentation developed for psychologists at the University of Notre Dame UCC (University Counseling Center) on the use of client’s dreams during therapy sessions. Emphasis on research, application, multicultural issues, and practice with an undergraduate/graduate student population.	
<b>“Dreams: The Power of Personal Parables”</b>	<b>July 2015, August 2010, June 2009</b>
Workshop developed for use at a Catholic retreat center (John XXIIIrd Center) discussing various aspects of dreams; their history, symbolic language, and potential for personal growth and group processing.	
<b>“Having a Mary Heart in a Martha World”</b>	<b>March 2010</b>
Community presenter at a Lenten retreat in Hartford City, emphasizing the necessity of intimacy and healthy relationships to sustain service and generosity towards others.	
<b>“Women: Releasers of Life”</b>	<b>April 2009</b>
Workshop developed for use at a Catholic retreat center (John XXIIIrd Center) discussing the creative and redemptive potential of women when they are free to love and give of themselves to others.	
<b>“R.D. Self-Care”</b>	<b>August 2008</b>
Presented at regional student life conference; emphasis on maintaining healthy balance between care of others and care of self using boundaries, emotional awareness and spiritual discernment.	
<b>“Face to Face: Intimacy with God and Self”</b>	<b>August 2008</b>
Presented to student leaders preparing for an overnight silent retreat (at the beginning of a semester) to help facilitate serving others from a place of core love and connected spirituality to God and with self.	
<b>“Dreams: A Way of Spiritual/Emotional Growth and Wholeness”</b>	<b>April 2008</b>

Presented to university students in a residential setting; based on a seminar developed for the Indianapolis Vineyard Church concerning the relevance and nature of dreams, learning to understand symbols, and the use of remembering and understanding dreams as an avenue for healing and wholeness.

**“Healthy Relationships: Assertiveness and Confrontation”** **August 2000-2008**

Presented each year to student leaders training to be Resident Assistants, Campus Activity Board members, Student Government representatives and Campus Ministries personnel at Anderson University.

**“Speaking the Lingo: Communicating at Heart Level with Self and Others”** **June 2006**

Presented as a workshop at the national conference for Christians in Student Development (ACSD) during the annual summer convention (hosted in 2006 by George Fox University in Oregon).

**“HOPE: Outward and Inward”** **April 2005**

Presented to a regional Quaker women’s group (in Richmond, Indiana) at the invitation of a missions committee chairperson; discussed the power and nature of hope as a necessary part of relational growth.

**“Counseling and Prayer: Going Deeper to Heal Past Wounds”** **November 2003**

Shared personal and professional experience with prayer and counseling as vital to relational health. Presented as one component of a women’s wholeness retreat (N.O.W.: Needs of Women) for college students attending Anderson University, Taylor University and Huntington University.

**“Living with JOY”** **March 1995**

Workshop/Bible Study for women in transitional living situations (through Dove Harbor, a local shelter); discussed dysfunctional relationships, mothering with boundaries, asking for help and finding hope.

## **HONORS AND AWARDS**

<b>Dr. Bernadette H. Perham Scholarship</b>	<b>July 2013</b>
<b>Lyell L. Bussell Memorial Scholarship</b>	<b>December 2012</b>
<b>Graduate Merit Fellowship</b>	<b>August 2009</b>
<b>Graduated with Professional Distinction</b>	<b>May 2007</b>
<b>Graduated Summa cum Laude with Honors</b>	<b>May 1994</b>
<b>Indiana State Service Award</b>	<b>April 1994</b>
<b>Presidential Scholarship</b>	<b>September 1990</b>
<b>Rotary Exchange Scholarship Award</b>	<b>August 1989-August 1990</b>
<b>Wyoming State Academic Scholarship</b>	<b>May 1989</b>

## **INTERNATIONAL EXPERIENCE**

**Kobe, Kyoto and Tokyo, Japan** **January 2020**

Facilitated a field program for undergraduate students to during the spring 2020 Semester at Sea study abroad program through Colorado State University. Cultural and historical tour with a local guide, including the imperial palaces, Buddha statue, Shinto shrines, the Golden pavilion and other local sites.

**Ho Chi Minh City, Vietnam** **February 2020**

Visited and explored the capital city, the Me Kong Delta, Hanoi and Ha Long Bay as part of the spring 2020 Semester at Sea study abroad program.

**Port Louis, Mauritius** **March 2020**

Taught of field class for undergraduate Abnormal Psychology students in collaboration with the University of Mauritius, including a visit to campus and interaction with Mauritian students and a visit to the sacred site of Grand Bassin, for an introduction to meditation and Hindu spirituality and practice.

**Cape Town, South Africa** **March 2020**

Visited and explored Cape Town, South Africa and surrounding landmarks, safari parks and nature areas as part of the spring 2020 Semester at Sea study abroad program.

**Sydney, Australia**

**May 2015**

Led a team of undergraduate and graduate students to visit IWU's sister institution, Excelsia College, in Sydney, Australia. Built relationships with faculty, students and board members, attended classes and graduation, did an aboriginal historical tour of the region, and visited the oldest church in Australia.

**Portugal**

**June-July 2013**

Participated as a research assistant with a team of graduate and undergraduate students in research concerning psychophysiology and empathy at the neuropsychology lab, University of Minho, Portugal.

**Grand Cayman**

**July 2010**

Supervised a team of college students in the provision of a VBS experience (for ages 4-16) in an international school setting in Grand Cayman, participated closely with a local international church.

**Sydney and Melbourne, Australia**

**May 2007**

Led a team of university upperclassman to work in Sydney and Melbourne, Australia. Helped with a local children's program and handicapped adult program in Sydney; served with 'House of Restoration,' a homeless shelter ministry to Aussie, New Zealanders, and Fijians in Melbourne.

**London, England**

**March 2006**

Led a small team of university upperclassmen on a cultural experience to London, England. Spent time exploring museums, cultural sites, government centers; attended theatre and cultural events.

**Peru**

**December 2004-January 2005**

Led a team of university students on a two-week work camp experience in Lima and Chepen, Peru. Participated in construction projects, painting, concrete mixing; interacted in church services and spent time with local children and families.

**London Inner City**

**August 1994**

Went with a small university team to create and run a VBS for islander children in a congested London ethnic area; established relationships with local leaders and facilitated daily lessons and activities.

**Uganda**

**May 1994**

Piloted a university team to work in Uganda with local missionaries through the Tri-S program (Study, Serve and Share); lived with a missionary family in Kampala, visited outlying villages to share programs for the children and participate in school and church outreach programs. Helped with Children of Promise (child sponsorship program) to feed and care for orphans in a very poor region of Uganda.

**Belize and Guatemala**

**December 1993-January 1994**

Served with a small university team working at a hospital in Belize; primarily in building a new addition for the hospital along with a local construction crew. Shared in Seventh Day Adventist churches in remote areas, visited the jungle sites of Mayan ruins.

**Grand Cayman**

**December 1992-January 1993**

Worked in an international school setting in Grand Cayman, cleaned and updated the library, visited local churches and participated in a Patwa baptism service.

**Egypt**

**May 1992**

Went with a small university team to Cairo, the Red Sea, Luxor and Mount Sinai; sang and shared in Egyptian churches, worked with Middle Eastern missionaries, explored cultural and Biblical sites.

### **Mexico**

**December 1991-January 1992**

Worked in Saltillo, Mexico at 'La Buena Tierra,' a boarding school and community center. Visited several churches in the surrounding area, celebrated the New Year with local friends and neighbors.

### **Costa Rica**

**May 1991**

Participated with a team of university students in a work camp in two locations; San Jose and in a remote jungle location. Demolished a rotten building which was hazardous; helped with earthquake relief; preached and sang in several churches, painted and fixed up several existing church locations, shared devotions with Costa Rican believers and village children.

### **England/Scotland and Wales (and Europe)**

**August 1989-August 1990**

Exchange student program through Rotary International; attended an English college, received A-levels in three subjects, lived with three diverse families, travelled around England to present culturally to Rotarians several times a month, spent time in **Scotland** and **Wales** at international conferences, and inter-railed through Europe for a month (visited cultural sites in **France, Germany, Italy, Austria, Poland, the Czech Republic, Slovakia, the Netherlands and Belgium**) Visited Auschwitz-Birkenau concentration camp after doing an extensive report on the Holocaust.

## **SERVICE/VOLUNTEER EXPERIENCE**

**Dove Harbor:** volunteered, then employed at a transitional living program for women and children.

**Prison Ministries:** wrote and visited with prisoners at Pendleton Reformatory with a university group.

**Generation to Generation:** spent time visiting individuals and doing events for a local nursing home.

**S.O.U.L. (Students Offering Unconditional Love):** spent time with local children as a student at A.U.

**Big Brother/Big Sister Program:** 'adopted' a local child as a big sister; years of contact and mentoring.

**Lunch Buddies:** going to lunch once a week with a struggling inner-city child to promote well-being.

## **ACADEMIC AND PROFESSIONAL INTERESTS**

**Counseling** at the college level; identity, relationship and career issues; trauma recovery and healing.

**Teaching** at the university level in the area of psychology, (also social psychology and sociology).

**Writing** both academically and for the general public, focusing on research and practical application.

**Research** on international adjustment, college student assessment, symbolism, dreams, relationships.

**International Relationships** for peace and transformation, serving to continually broaden my worldview.

## **REFERENCES**

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